



# SETTING UP AN ESCAPE ROUTE

using the MARK Save A Life rescue system

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The MARK Save A Life rescue system is a direct, easy to use and cost effective escape route. It is particularly suitable in following cases:

- redundancy for existing escape routes (2nd escape route)
- covering remote areas in buildings that would require high efforts to be included in the conventional escape plan
- upgrading old, historic or listed buildings. Due to their location, architecture or building fabric other options may not be possible at all.
- for working at heights (industrial plants, silos, high rack storage, wind turbines, cranes, construction equipment etc.). Limited space often does not allow other solutions here.

An efficient evacuation of several persons is possible with two rescue overalls in the shuttle system (alternating use of both rope ends).

## Components

- 1x MARK Falcon – automatic descender (EN 341 Class B)  
*The device is assembled with the individually required rope length.*
- 1x MARK Gekko – anchor point (EN 795 Class A)  
*The anchor point comes with the respective screws required for the given ground material.*
- 2x MARK Grizzly – rescue overall (EN 1497)  
*One size fits all.*

Descender and rescue overalls are stored vacuum packed in an emergency cabinet. It also includes a Quick Start Guide. (individual storage options on request)

## Installation

- Mount anchor point at an appropriate position around a window that is easily accessible. Pay attention to an unobstructed way down.
- Mount emergency cabinet easily accessible near the window.
- An instruction of the persons who will be using the rescue system is to be carried out (practical training once a year is recommended).

## Use in case of emergency

1. Take out rescue system from the emergency cabinet and open vacuum packaging.
2. Put on the rescue overalls.
3. Connect the descender to the anchor point.  
*The window shall remain closed. Leave the rope in the packaging.*
4. Take the short end of the rope and connect the screw carabiner to both rings of the rescue overall.
5. Open the window and sit on the window sill while pulling on the free end of the rope to keep the connection to the descender tight.  
*Always avoid slack rope between descender and rescue overall!*
6. Turn the body to the facade and glide from the window sill. Completely release the rope and use your hands and feet to stabilize on the facade during the descent.

The next person can now repeat the procedure on the other end of the rope. If more than two persons need to be rescued, leave the rescue overalls connected to the rope. They will be moved up again and are available for the following persons (shuttle system).

## Maintenance and inspection

Due to the vacuum packaging the rescue system is maintenance free.

In accordance with the user manual the anchor point needs to be inspected once a year by opening and closing the buckle.

As required by law the overalls and the rope (textile components) must be replaced after 10 years.

If the rescue system was used in case of emergency it shall be sent to the manufacturer for inspection. It is checked, vacuum packed and ready for use again.

*This information document serves as an overview. Please also observe the user manuals of the individual products and contact us if any questions arise!*



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